

THE ULTIMATE FEIS



CHECKLIST



SHOES & SOCKS

- Hard shoes
- Soft shoes
- Socks
- Spare socks
- Sock glue
- Duct tape/gaffer tape
- Shoe shine kit
- Black sharpie for touch ups
- Shoelaces in various lengths
- Black electrical tape
- White electrical tape
- Elastic bands
- Buckles
- Tights
- Shoe rosin

HAIR

- Brush
- Comb
- Wig
- Hair donut
- Pouf bump
- Hair piece - headband/tiara/clips
- Bobby pins
- Hair net
- Hairspray
- Hair gel
- Colored hair spray
- Hair ties

COSTUME - GIRLS

- Dress
- Kickpants
- Cape
- Dress bag
- Earrings
- Sports bra
- Warm up clothes

COSTUME - BOYS

- Shirt
- Pants
- Vest
- Tie
- Tie Clip
- Kilt
- Jacket
- Spare undershirt/belt/tie

MAKEUP

- Primer
- Foundation
- Powder
- Concealer
- Blush
- Bronzer
- Eye makeup remover
- Moisturiser
- Toner
- Lipstick
- Lip gloss
- Lip liner
- Eye shadow
- Eyeliner
- Mascara
- Fake lashes
- Lash glue
- Setting spray



Ready to Feis

www.readytofeis.com

FOOD & DRINK

- Water
- Sports drink
- Snack bars
- Protein bars
- Fruit
- Sandwich
- Sweets
- Mints
- Gum

Note: being at a crowded feis, you should be mindful of the food you bring. Nothing sticky, nothing staining, nothing that could cause allergic reactions to other children, like peanut butter

BITS & PIECES

- Towel for doing stretches on
- Power cords
- MP3 player
- Cell phone
- Straws (can't ruin the lipstick!)
- Tweezers
- Camera
- Ribbon for your number
- GPS
- Umbrella
- Clipboard, pen & paper (for stage schedules, maps, general notes, etc)

FIRST AID

- Band-aids
- Headache meds - aspirin, panadol, etc
- Bach Rescue Remedy
- Any other medications needed
- Blister band-aids
- Small first-aid kit
- Instant cold pack
- Heating pad
- Sports tape
- Inhaler

PERSONAL CARE

- Deodorant
- Wet wipes
- Tissues
- Feminine hygiene products
- Nail file
- Nail clippers/scissors
- Tanner
- Bronzer

COSTUME REPAIR

- Safety pins
- Scissors
- Needle and thread
- Glue for crystals
- Replacement crystals
- Stain removal pen or stain wipes

NOTES



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