



East Bay Online Feis

October 23-26, 2021

Online Feis hosted by

VideoFeis



www.videofeis.com

Online registration and tabulation with



www.QUICKFEIS.com

Online registration ends on **Oct 21**

**THIS IS A REGIONAL FEIS OPEN
ONLY TO DANCERS FROM THE
WESTERN US IRISH DANCE REGION**

IMPORTANT DATES

Oct 21 online registration CLOSES
Oct 23 Uploading videos BEGINS
Oct 26 Uploading videos ENDS
Nov 2 Results posted on QuickFeis
or sooner!

Results will be posted on the QuickFeis website

HOW THIS WORKS

- Register and pay online at www.quickfeis.com for the feis up to end of day OCT 21
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- Now practice and film your video
 - Use your **smartphone** for the video
 - **You must wear your dancer number**
 - Must be in **landscape mode**
See image →

Portrait



Landscape



- Dancer must be **alone** in video
- You must use the feis provided music
- **Music** must be clear
- Create a separate video for each dance
- No editing allowed
- See additional guidelines below
- Starting OCT 23 go to **VideoFeis**, log in with your QuickFeis account - and upload all your videos
 - You may begin to upload your video **no sooner** than OCT 23
 - **ALL videos must be uploaded by 8:00 pm (Pacific Time) OCT 26**
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!
- All results will be tabulated and posted on QuickFeis website.

**ALL RESULTS COUNT TOWARDS
LEVEL ADVANCEMENT!!**

ALL 2 STEP COMPETITIONS!

ENTRY FEES

- Full payment is due at time of registration.
 - US Funds ONLY will be accepted
 - ONLY credit card payments accepted
 - Sorry - no checks will be accepted
- Your registration is not complete until your payment is received.
- Online registration will close on OCT 21
 - Afterwards no additional registrations or changes will be accepted.
 - All unpaid registrations will be dropped at the end of online registration period – after OCT 21
- SECOND CHANCE competitions are charged the same as the regular competitions and do not count towards the family max.
- FAMILY MAX does NOT include the event fee, second chance, or the transaction fees charged by QuickFeis.

• ABSOLUTELY NO REFUNDS!

FEIS FEES:

Grades / Solo / PC Sets	\$ 7.50 <i>per competition & per competitor</i>
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ALL Championship (PC, OC, adult champ- 3 rounds)	\$ 50.00 <i>per dancer</i>
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Teams <i>ONLY 1 team member needs to register and pay – and that team member MUST wear their dancer card number in the video</i>	See team fees below
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Specials	\$ 10.00 <i>per dancer & per special</i>
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Event Fee	\$ 25.00 <i>per family</i>
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Family MAX <i>(does not include the event fee nor second chance fees)</i>	\$ 150.00 <i>per family</i>
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ADJUDICATORS

Rachel Corr *Belfast, Ireland*

David Moore *Drogheda, Ireland*

Gavin Doherty *Drogheda, Ireland*

More adjudicators will be hired as needed

MUSIC

- Free music provided by Chris McLoughlin
- A link to all the music tracks will be available after your payment is completed.
- **ONLY PROVIDED MUSIC SHOULD BE USED IN VIDEOS**

**PLEASE READ THE
VERY IMPORTANT
COSTUME RULES
ON THE NEXT PAGE!**



COSTUME RULES

Why these costume rules?

This is to ensure that a different video is submitted for the regular competition and the second chance competitions. Thank you for making this work!

REGULAR COMPETITIONS – WHITE or COLOR

- Dancers **MUST** wear school costume or traditional Irish dance costume.
- NO ALL BLACK outfits for regular competitions
- Some color on costume needs to show in video
 - Dancers may add an armband, scarf, or colorful belt to ensure there is some color
 - May wear WHITE as a color
- **Dancer MUST wear their dancer number at all times in the video.**
 - Any video where the dancer is not wearing their number will automatically be disqualified
 - Families with more than one dancer must make sure each dancer is wearing the correct number – the name is printed on the dancer card.

SECOND CHANCE COMPETITIONS – BLACK ONLY

- Dancers may **ONLY** wear **ALL BLACK** outfit
 - Black sleeved shirt (can be short sleeves or long sleeves)
 - Black short skirt for girls
 - Black shorts or long pants for boys
 - No make-up or wigs for any dancers
- Dancers wearing any color on their costumes will have their second chance videos disqualified.
- **Dancer MUST wear their dancer number at all times in the video.**
 - Any video where the dancer is not wearing their number will automatically be disqualified
 - Families with more than one dancer must make sure each dancer is wearing the correct number – the name is printed on the dancer card.
 - The same dancer number will be used for both the regular competitions and the second chance competitions.

FEIS RULES

- Dancers must be registered for all the competitions they wish to submit a video for before the registration deadline. After the deadline, no additional competitions (videos) will be accepted.
- Second Chance competitions are charged the same as the regular competitions and will not count toward the family max.
- A PARENT/GUARDIAN or teacher must be present during filming of the submitted video(s) if the dancer is under 18, and safety must be a priority.
- Ensure the dance space is safe, uncluttered, and not slippery
- Dancers **MUST** have permission from their teachers to compete in the Online Feis
- Grades will dance two steps
- Championship will dance complete rounds
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- All videos to be downloaded, stored, and securely shown to the adjudicators via VIDEOFEIS
- It is the dancers' responsibility to ensure that the correct videos are uploaded for each competition. Incorrect videos (i.e. a reel video instead of a hornpipe, or a soft shoe round video instead of the hard shoe round, ...) will be disqualified. Judges will be instructed to mark those videos with a score of ZERO.
- Permission to use uploaded videos for the purposes of this feis will be asked upon uploading and must be granted in order for any video to be admitted to the feis. This basic permission allows the judges, VideoFeis staff, and the organizers to watch the videos. All videos with only basic permissions will be deleted 7 days after the completion of the feis.

**Competitions will be combined
if less than 5 dancers'
videos submitted!**



COMPETITION NUMBERING SYSTEM

1 st Digit	Level Category:	FIRST FEIS Dances all begin with "1", BEGINNER 1 with "2", and so forth
2 nd and 3 rd Digits	Age Group:	"06" means under 6, "07" means under 7, ..
4 th and 5 th Digits (Letters)	Competition Type:	RL = REEL LJ = LIGHT JIG SJ = SLIP JIG SN = SINGLE JIG TJ = TREBLE JIG HP = HORNPIPE PD = ST PATRICK DAY TS = TRADITIONAL SET ...

AGE GROUP: Your age group is determined by the YEAR the competitor was born.
 Competitor's age is determined on January 1st, 2021. Your age group will change each year.

For 2021	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Born in:	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over
 (example O11 means 11 and older)

FIRST FEIS

Dancers will dance 32 bars (2 steps)

	U6	U7	U8	U9	U10	U11	O11
REEL	106RL	107RL	108RL	109RL	110RL	111RL	112RL
LIGHT JIG	106LJ	107LJ	108LJ	109LJ	110LJ	111LJ	112LJ
SINGLE JIG	106SN	107SN	108SN	109SN	110SN	111SN	112SN
SLIP JIG	106SJ	107SJ	108SJ	109SJ	110SJ	111SJ	112SJ

BEGINNER 1

Dancers will dance 32 bars – Will be combined with next age group if less than 5 videos submitted

	U7	U8	U9	U10	U11	O11
REEL	207RL	208RL	209RL	210RL	211RL	212RL
LIGHT JIG	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ
SLIP JIG	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ
SINGLE JIG	207SN	208SN	209SN	210SN	211SN	212SN
HARD JIG (Treble)	207TJ	208TJ	209TJ	210TJ	211TJ	212TJ
HORNPIPE	207HP	208HP	209HP	210HP	211HP	212HP
ST PATRICK'S DAY	207SP	208SP	209SP	210SP	211SP	212SP



BEGINNER 2

Dancers will dance 32 bars – Will be combined with next age group if less than 5 videos submitted

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>Q11</u>
REEL	307RL	308RL	309RL	310RL	311RL	312RL
LIGHT JIG	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ
SLIP JIG	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ
SINGLE JIG	307SN	308SN	309SN	310SN	311SN	312SN
HARD JIG (Treble)	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ
HORPIPE	307HP	308HP	309HP	310HP	311HP	312HP
ST. PATRICK'S DAY	307SP	308SP	309SP	310SP	311SP	312SP

NOVICE

Dancers will dance 32 bars – Will be combined with next age group if less than 5 videos submitted

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>Q13</u>
REEL	409RL	410RL	411RL	412RL	413RL	414RL
LIGHT JIG	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ
SLIP JIG	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ
SINGLE JIG	409SN	410SN	411SN	412SN	413SN	414SN
HARD JIG (Treble)	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ
HORPIPE	409HP	410HP	411HP	412HP	413HP	414HP
TRADITIONAL SET	409TS	410TS	411TS	412TS	413TS	414TS

PRIZE WINNER

Dancers will dance 32 bars – Will be combined with next age group if less than 5 videos submitted

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>Q15</u>
REEL	509RL	510RL	511RL	512RL	513RL	514RL	515RL	516RL
LIGHT JIG	509LJ	510LJ	511LJ	512LJ	513LJ	514LJ	515LJ	516LJ
SLIP JIG	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ	515SJ	516SJ
SINGLE JIG	509SN	510SN	511SN	512SN	513SN	514SN	515SN	516SN
HARD JIG (Treble)	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ	515TJ	516TJ
HORPIPE	509HP	510HP	511HP	512HP	513HP	514HP	515HP	516HP
TRADITIONAL SET	509TS	510TS	511TS	512TS	513TS	514TS	515TS	516TS



GRADES BOYS ONLY LIGHT JIG SPECIAL

Dancer should enter Special at level of Light Jig.
Two light jig steps, right and left leg, down the line

	<u>U9</u>	<u>U11</u>	<u>O11</u>
Beginner 1 & Beginner 2	309LJS	311LJS	312LJS
Novice & Prizewinners	509LJS	511LJS	512LJS

GRADES GIRLS ONLY REEL SPECIAL:

Dancer should enter Special at level of Reel.
One Reel Step, right and left leg, down the line

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>O11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
Beginner 1 & Beginner 2	307RLS	308RLS	309RLS	310RLS	311RLS	312RLS			
Novice & Prizewinners			509RLS	510RLS	511RLS		512RLS	513RLS	514RLS

ALL GRADES & CHILDREN'S HOSPITAL TREBLE REEL SPECIALS

Open to all grades dancers (boys and girls)
If the dancer has any hard shoe dance in B1/B2 category,
they should enter the Beginning Treble Reel Special

	<u>U9</u>	<u>U11</u>	<u>O11</u>	<u>U13</u>	<u>O13</u>
Beginner 1 & Beginner 2	309TR	311TR	312TR		
Novice & Prizewinners	509TR	511TR		513TR	514TR



**PC and OC competitions will be combined
if less than 5 dancers registered**

PC and OC will dance 3 rounds!

PRELIMINARY CHAMPIONSHIP 3 ROUNDS

ALL dancers will perform 3 rounds:

- Round 1 - 48 bars of the reel or 40 bars of the slip-jig
- Round 2 - 40 bars of the hornpipe or 48 bars of the treble jig.
- Round 3 – Any set (except U9 and younger must perform a traditional set)

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
PRELIMINARY CHAMPIONSHIP	609PC	610PC	611PC	612PC	613PC	614PC	615PC	616PC	617PC	618PC

OPEN CHAMPIONSHIP 3 ROUNDS

ALL dancers will perform 3 rounds:

- Round 1 - 48 bars of the reel or 40 bars of the slip-jig
- Round 2 - 40 bars of the hornpipe or 48 bars of the treble jig.
- Round 3 – Any set (except U9 and younger must perform a traditional set)

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U19</u>	<u>O19</u>
OPEN CHAMPIONSHIP	709OC	710OC	711OC	712OC	713OC	714OC	715OC	716OC	717OC	718OC	719OC	720OC

CHAMPIONSHIP TREBLE REEL SPECIALS

	<u>U10</u>	<u>U12</u>	<u>U14</u>	<u>U16</u>	<u>U18</u>	<u>O18</u>
PC Treble Reel	610TR	612TR	614TR	616TR	618TR	619TR
OC Treble Reel	710TR	712TR	714TR	716TR	718TR	719TR
"Create your own Treble Reel" Championship Special Dancers submit 16 bars of a step they choreographed unassisted, OPEN to ALL championship dancers	710TRCS	712TRCS	714TRCS	716TRCS	718TRCS	719TRCS



ADULT COMPETITIONS

Dancers will dance 32 bars

	<u>Beginner</u>	<u>Novice</u>	<u>Prizewinner</u>	<u>Championship</u>
REEL	399RL	499RL	599RL	
LIGHT JIG	399LJ	499LJ	599LJ	799PC*
SLIP JIG	399SJ	499SJ	599SJ	<i>Fee is same as Champ fee</i>
SINGLE JIG	399SN	499SN	599SN	
TREBLE JIG	399TJ	499TJ	599TJ	
HORNSPIPE	399HP	499HP	599HP	will dance 3 rounds
ST PATRICK'S DAY	399SP			
TRADITIONAL SET		499TS	599TS	

***Adult Championship will dance 3 rounds:**

Round 1 – Choice of 48 bars of reel OR 40 bars of slip jig

Round 2 – Choice of 48 bars of treble (heavy) jig OR 40 bars of hornpipe

Round 3 – Traditional set

ADULT SPECIAL

	<u>Beginner</u>	<u>Novice</u>	<u>Prizewinner</u>
ADULT – Hornpipe Special	399HPS	499HPS	599HPS
ADULT – Set Dance Special (NON-Traditional Set)	399SDS	499SDS	599SDS



TEAM DANCING

PLEASE READ THE FOLLOWING BEFORE REGISTERING FOR ANY TEAM COMPETITIONS

TEAM Registration instructions:

- ONLY 1 member of the team needs to register and pay for the team
- The member that pays MUST wear their dancer number in the video AND ONLY that team member will be allowed to upload the team video
- It is not necessary to notify the feis nor QuickFeis or VideoFeis who the other team members are.

Feis special costume rule does not apply to any team event

BEGINNER TEAM DANCING:

	<u>TEAM FEE</u>	<u>U8</u>	<u>U10</u>	<u>U12</u>	<u>Q12</u>
Beginner 2 Hand	\$ 20	308B2H	310B2H	312B2H	313B2H
Beginner 3 Hand	\$ 30	308B3H	310B3H	312B3H	313B3H
Beginner 6 Hand	\$ 60	308B6H	310B6H	312B6H	313B6H

OPEN TEAM DANCING

	<u>TEAM FEE</u>	<u>U8</u>	<u>U10</u>	<u>U12</u>	<u>U15</u>	<u>Q15</u>
Open 2 Hand	\$ 20	508O2H	510O2H	512O2H	515O2H	516O2H
Open 3 Hand	\$ 30	508O3H	510O3H	512O3H	515O3H	516O3H
Open 4 Hand	\$ 40	508O4H	510O4H	512O4H	515O4H	516O4H
Open 6 Hand	\$ 60	508O6H	510O6H	512O6H	515O6H	516O6H
Open 8 Hand	\$ 80	508O8H	510O8H	512O8H	515O8H	516O8H
Choreography 6 Hand	\$ 60	508CHO	510CHO	512CHO	515CHO	516CHO

ADULT TEAM DANCING

	<u>TEAM FEE</u>	<u>ADULT</u>
Adult 2 Hand	\$ 20	599A2H
Adult 3 Hand	\$ 30	599A3H
Adult 4 Hand	\$ 40	599A4H
Adult 6 Hand	\$ 60	599A6H
Adult 8 Hand	\$ 80	599A8H



TEAM DANCING SPECIAL

PLEASE READ THE FOLLOWING BEFORE REGISTERING FOR ANY TEAM COMPETITIONS

TEAM Registration instructions:

- ONLY 1 member of the team needs to register and pay for the team
- The member that pays MUST wear their dancer number in the video AND ONLY that team member will be allowed to upload the team video
- It is not necessary to notify the feis nor QuickFeis or VideoFeis who the other team members are.

Feis special costume rule does not apply to any team event

GROUP TREBLE REEL:

2 or more dancers - Blackout or School Uniform

	<u>TEAM FEE</u>	<u>ALL AGES and LEVELS</u>
GROUP Treble Reel	\$ 20	999GTR



ALL Second Chance Videos MUST BE DANCED IN ALL BLACK OUTFIT

SECOND CHANCE COMPETITIONS – COSTUME RULES

- Dancers may ONLY wear all **BLACK** outfit
 - Black sleeved shirt (can be short sleeves or long sleeves)
 - Black short skirt for girls
 - Black shorts or long pants for boys
- No make-up or wigs for any dancers
- Dancers wearing any color on their costumes will have their second chance videos disqualified.
- Dancer MUST wear their dancer number at all times in the video.**
- Any video where the dancer is not wearing their number will automatically be disqualified
- Families with more than one dancer must make sure each dancer is wearing the correct number – the name is printed on the dancer card.
- The same dancer number will be used for both the regular competitions and the second chance competitions.

BEGINNER 2 & SECOND CHANCE

Dancers will dance 32 bars – Will be combined with next age group if less than 5 videos submitted

	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>Q11</u>
REEL	307RL2	308RL2	309RL2	310RL2	311RL2	312RL2
LIGHT JIG	307LJ2	308LJ2	309LJ2	310LJ2	311LJ2	312LJ2
SLIP JIG	307SJ2	308SJ2	309SJ2	310SJ2	311SJ2	312SJ2
SINGLE JIG	307SN2	308SN2	309SN2	310SN2	311SN2	312SN2
HARD JIG (Treble)	307TJ2	308TJ2	309TJ2	310TJ2	311TJ2	312TJ2
HORNSPIPE	307HP2	308HP2	309HP2	310HP2	311HP2	312HP2
ST. PATRICK'S DAY	307SP2	308SP2	309SP2	310SP2	311SP2	312SP2

NOVICE & SECOND CHANCE

Dancers will dance 32 bars – Will be combined with next age group if less than 5 videos submitted

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>Q13</u>
REEL	409RL2	410RL2	411RL2	412RL2	413RL2	414RL2
LIGHT JIG	409LJ2	410LJ2	411LJ2	412LJ2	413LJ2	414LJ2
SLIP JIG	409SJ2	410SJ2	411SJ2	412SJ2	413SJ2	414SJ2
SINGLE JIG	409SN2	410SN2	411SN2	412SN2	413SN2	414SN2
HARD JIG (Treble)	409TJ2	410TJ2	411TJ2	412TJ2	413TJ2	414TJ2
HORNSPIPE	409HP2	410HP2	411HP2	412HP2	413HP2	414HP2
TRADITIONAL SET	409TS2	410TS2	411TS2	412TS2	413TS2	414TS2



ALL Second Chance Videos MUST BE DANCED IN ALL BLACK OUTFIT

Any videos submitted for Second Chance danced with any color other than black will be disqualified

PRIZE WINNER SECOND CHANCE

Dancers will dance 32 bars – Will be combined with next age group if less than 5 videos submitted

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>O15</u>
REEL	509RL2	510RL2	511RL2	512RL2	513RL2	514RL2	515RL2	516RL2
LIGHT JIG	509LJ2	510LJ2	511LJ2	512LJ2	513LJ2	514LJ2	515LJ2	516LJ2
SLIP JIG	509SJ2	510SJ2	511SJ2	512SJ2	513SJ2	514SJ2	515SJ2	516SJ2
SINGLE JIG	509SN2	510SN2	511SN2	512SN2	513SN2	514SN2	515SN2	516SN2
HARD JIG (Treble)	509TJ2	510TJ2	511TJ2	512TJ2	513TJ2	514TJ2	515TJ2	516TJ2
HORNSPIPE	509HP2	510HP2	511HP2	512HP2	513HP2	514HP2	515HP2	516HP2
TRADITIONAL SET	509TS2	510TS2	511TS2	512TS2	513TS2	514TS2	515TS2	516TS2

PRELIMINARY CHAMPIONSHIP SECOND CHANCE

Competitions will be combined with adjacent age group if less than dancers participate

ALL dancers will perform 3 rounds:

- Round 1 - 48 bars of the reel or 40 bars of the slip-jig
- Round 2 - 40 bars of the hornpipe or 48 bars of the treble jig.
- Round 3 – Any set (except U9 and younger must perform a traditional set)

	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>O17</u>
PRELIMINARY CHAMPIONSHIP	609PC2	610PC2	611PC2	612PC2	613PC2	614PC2	615PC2	616PC2	617PC2	618PC2

OPEN CHAMPIONSHIP SECOND CHANCE

Competitions will be combined with adjacent age group if less than dancers participate

ALL dancers will perform 3 rounds:

- Round 1 - 48 bars of the reel or 40 bars of the slip-jig
- Round 2 - 40 bars of the hornpipe or 48 bars of the treble jig.
- Round 3 – Any set (except U9 and younger must perform a traditional set)


	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>	<u>U19</u>	<u>O19</u>
OPEN CHAMPIONSHIP	709OC2	710OC2	711OC2	712OC2	713OC2	714OC2	715OC2	716OC2	717OC2	718OC2	719OC2	720OC2




VIDEO RULES

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
 - Grades will submit one video per dance competition
 - Championship will submit separate videos for each round of competition.
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This **DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis**. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social media.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- Photos of dancers in costume and/or reference to this competition/age group/competitor number are not allowed on social media or to be shared with anyone before or during the feis. Any dancer found to have shared photos or videos during the feis will be disqualified.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER SHOULD BE VISIBLE IN THE VIDEO** – Teachers/parents/pets/others may NOT be in the video
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
 - Use the standard camera app for your device when recording.
 - Use the standard settings for recording the video. Please avoid any embellishment.
 - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
 - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
 - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
 - webm video format will not be accepted
 - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
 - Camera should be about 4 feet (125 cm) from the ground
 - Camera should be in front centre of the dance floor
 - Videographer can pan side to side to keep the dancer's full body within the video frame
 - Videographer should not move along with the dancer – keep the camera still with the exception of panning side to side as needed.
- **Video MUST be in LANDSCAPE mode** (not portrait mode – see image) Videos that are not in landscape mode may be disqualified.

Portrait



Landscape


- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video should be cropped/trimmed with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
 - Any spliced videos will automatically be disqualified
 - Videos are not to include any embellishment or photoshop type of touch ups
- **IT IS THE DANCER'S RESPONSIBILITY TO ENSURE THAT THE CORRECT VIDEOS ARE UPLOADED FOR EACH COMPETITION**
 - If a video is uploaded to the wrong competition (for example a Reel video uploaded to a Hornpipe competition, or a hard shoe video uploaded to a soft shoe round) **it will be given a score of ZERO.**
 - Dancers will have the ability to view their uploaded videos **during the video upload period** to ensure that the correct videos are uploaded. And if there is an error, they will have the opportunity to make corrections by deleting their video and uploading the correct one **DURING the video uploading period ONLY**
 - Neither the feis nor VideoFeis will review the videos before they are presented to the judges
 - Neither the feis nor VideoFeis will make any video corrections or "switches" after the video upload period is completed.
- The feis reserves the right to refuse any video for any infraction of technical or rules reason.
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.



COMPETITION RULES

- Results from this feis will count towards level advancement per regional rules
- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

DANCING RULES

- **DANCER MUST WEAR THEIR DANCER NUMBER during their entire dance**
- **ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible**
- Must dance the same number of bars as at a traditional feis.
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
 - Any visible or audible coaching will disqualify the video
 - The only exceptions will be for beginner dancers who may need to be counted in
 - Beginners are allowed to have 8 bars counted before the start of the dance
 - When the dancer starts their steps, no more counting is allowed.
 - Only counting is allowed – no other form of coaching is allowed

DANCE AREA

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dancers are encouraged to dance on whatever space is available to them.
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.

MUSIC / SOUND

- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- **Only the provided music should be used**
- No live music allowed (no musicians playing)
- **Music must be loud enough to hear on the video**
- Music speed must be according to the official syllabus and standard feis speeds
 - No speed variations is allowed
 - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
 - **No talking**
 - **No singing along**
 - **No coaching**

RESULTS

- VideoFeis will submit the comments and scores to QuickFeis for tabulation
- QuickFeis will tabulate and post all results on the QuickFeis website
- Results from this feis will count towards level advancement per regional rules
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers



ADJUDICATION

- The feis organizers will hire the adjudicators it wishes
- Only accredited CLRG associates will be asked to adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final

PRIVACY

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
 - Feis Adjudicator(s)
 - Feis Organizer(s)
 - School dance teacher(s) (of that dancer)
 - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

PERMISSIONS

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
 - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
 - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
 - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
 - Testing for VideoFeis development and improvements
 - Videos with additional permission granted will be deleted within two months after the completion of the feis.

RELEASE OF LIABILITY

By registering and paying for this feis, parents and dancers agree to release WESTERN US REGION, its teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.



COSTUMES

- All rules as per CLRG Costume policies
- Dancer may wear Solo or Team Costumes, or;
- White or black short sleeve t-shirt, with black bottoms (trousers, shorts or skirts of an appropriate fit and length)
- Per CLRG rules tights must be worn with a "blackout" skirt or dress for females aged 14 years and above
- No logos or school names on blackout outfits please, no team apparel (sportswear or warmup outfits)
- Correct Soft and Hard Shoes and proper socks or tights must be worn at all times. No carriage aids allowed
- Natural hair or wigs are allowed, hair must be off dancer's face
- Make-up (per CLRG)
 - Make-up will not be permitted for any dancer in in First Feis, Beginner 1, and Beginner 2 up to and including the under 12 age group worldwide.
- Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group
- **You must wear your dancer number at all times during your video – failing to wear your number may disqualify your video!**

LEVEL ADVANCEMENT AND DEFINITION

As specified in the Western US Region Standard Syllabus

- **First Feis** is not per dance, it is the first Feis ever for the dancer. A dancer has only one 'first feis' regardless of how many dances they are doing. Dancers may enter First Feis only once, even in cases of back-to-back feiseanna.
- In **Beginner 1**, **Beginner 2** and **Novice** the following will apply:
 - 5 - 9 dancers 1st place will advance to the next grade
 - 10 or more dancers 1st and 2nd places will advance to the next grade
- Dancers may not stay in level at Teacher discretion, with the exception of back-to-back feiseanna.
- **Prizewinner**: Advancement from Prizewinner to Preliminary Championship is at teacher discretion.
- **Preliminary** to **Open** Championship: Must have 3 overall wins with 5 or more dancers, not at teacher discretion. Upon winning 3rd overall win in Preliminary Championships, a dancer must move immediately to Open, even in the case of back-to-back Feiseanna. This includes 2 round and 3 round Preliminary Championships.
- **Adults**: Dancers who started after the age of 18 or have been out of conventional competitions for 5 years.

